Competition Cheerleading:
Coach: Pam Brown  brownp1@charlottesvilleschools.org
Tryouts: August 3 - August 7, 6-8pm in the CHS Small Gym
Note: Athletes please come to tryouts/practices wearing shorts, t-shirts, sneakers and hair tied back away from faces.

Sideline Cheerleading:
Coach: Pam Brown  brownp1@charlottesvilleschools.org
Practice: July 6-10, from 6-8pm in the CHS Small Gym
Tryouts: July 10
Note: Must attend pre tryout practices to learn routine for tryouts.
Athletes please come to tryouts/practices wearing shorts, t-shirts, sneakers and hair tied back away from faces.

Cross Country: (Girls and Boys)
Coach: Amy Pritchard  amy.pritchard@charlottesvilleschools.org
Tryouts: August 3, 4:30-6pm Upper baseball field
Note: Runners please bring water to practice.

Golf: (Girls and Boys)
Coaches: Dick Engel  dickengel1@comcast.net
         Josh O'Grady  joshua.ogrady@charlottesvilleschools.org
First Practice: August 3rd, 10am at Meadowcreek Golf Course
Note: All who wish to participate in Golf must attend 1st practice unless cleared with coach before August 3rd.

Field Hockey:
Coach: Lindsay Larson  lmc2y@virginia.edu
First Practice: August 3, 4pm -7pm at the CHS Stadium Turf field
Note: Summer conditioning available on Tuesdays and Thursdays from 5:30-7:30pm on Turf.
Practice Dates: August 4th to 7th: 7:30 to 9:00am and 5:30 to 7:30pm (location TBA)
               August 8th: 9:00 to 11:00am (not mandatory/make up session)
               August 10th to 14th: 7:30 to 9:00am and 5:30 to 7:30pm (location TBA)
               August 15th: Jamboree at EVHS
               August 17th: 7:30 to 9:00am and 5:30 to 7:30pm (location TBA)
               August 18th: 5:30 to 7:30 on Turf
               August 19th: First Day of School 4:30 to 6:30pm
Football:
Coach: Eric Sherry  eric.sherry@charlottesvilleschools.org
First Practice: July 31, 3pm at CHS Track field
Note: July 22 Parent Meeting (Gymnasium) 6:00 pm
July 23 Equipment Issue 4:00 pm (Must have completed VHSL physical)
July 24 Equipment Issue 4:00 pm ((Must have completed VHSL physical)
26 Jul- Varsity Team leaves for camp at Ferrum
30 Jul Varsity returns from Team Camp.
31 Jul Varsity and JV begin practice at 3:00 pm.
Summer Strength & Conditioning available M-Th 5-7 in Fitness Center.

Volleyball:
Coach: Ty Thomas  chsvolleycoach@gmail.com
Tryouts: August 3rd-5th from 1pm-4pm in the CHS Main Gym
Note: Interested athletes are welcome to participate in summer conditioning on Monday 7-9pm Tuesday 7-9pm, and Sat 10-1pm in Main Gym.

** Students who participate in athletics will be required to submit a VHSL physical dated after May 1, 2015 and Emergency Contact Form. Forms available on blackknightathletics.org.

Other requirements:
- Before a student is eligible to play in any athletic contest they must be currently enrolled in at least 5 classes and have passed a minimum of 5 classes the previous semester.
- Athletes participating in contact sports must complete a Concussion Baseline Test and parents must complete Concussion Education provided through the Athletic Trainer.