

INSTRUCTION

File: IGAE/IGAF-R

HEALTH/PHYSICAL EDUCATION

1. Each school within the school division shall organize and maintain a physical and health education program in accordance with State Board of Education regulations and State Board of Health Guidelines.
2. The Charlottesville City School division's goal is that a program of physical fitness will be available to all students for at least 150 minutes per week on average during the regular school year.
3. The physical fitness program will include a combination of physical education classes, extracurricular activities, recess, and other programs or activities.
4. The Coordinator for Health and Physical Education programs shall submit a plan annually to the Superintendent or designee to meet the goal.

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Legal References: Code of Virginia, 1950, as amended, sections 22.1-207, 22.1-212.1:1.

8 VAC 20-320-10

Cross References: IGAG Teaching About Drugs, Alcohol, and Tobacco
JHCA Physical Examinations of Students
JFCH Student Wellness
JO Student Records