

STUDENT SERVICES

File: JHCD

ADMINISTERING MEDICINES TO STUDENTS

Medications Prescribed for Individual Students

Employees of Charlottesville City School Board may give medication prescribed for individual students only pursuant to the written order of a physician, physician assistant, nurse practitioner, and with written permission from the student's parent or guardian. Such medicine must be in the original container and delivered to the principal, school nurse or school division designee by the parent or guardian of the student.

Nonprescription Medications

Employees of Charlottesville City School Board may give nonprescription medication to students only with the written permission of the parent or guardian. Such permission shall include the name of the medication, the required dosage of the medication, and the time the medicine is to be given. Such medicine must be in the original container and delivered to the principal, school nurse or school division designee by the parent or guardian of the student.

Self-Care and Self-Administration of Medication

Each enrolled student who is diagnosed with diabetes, with parental consent and written approval from the prescriber, is permitted to

- carry with him and use supplies, including a reasonable and appropriate short-term supply of carbohydrates, an insulin pump, and equipment for immediate treatment of high and low blood glucose levels, and
- self-check his own blood glucose levels on school buses, on school property, and at school-sponsored activities.

Students may be permitted to carry and self-administer other medications when the following conditions are met:

- written parental permission for self-administration of specified non-prescription medication is on file with the school.
- the non-prescription medication is in the original container and appropriately labeled with the manufacturer's directions.
- the student's name is affixed to the container.
- the student possesses only the amount of non-prescription medicine needed for one school day/activity.

Sharing, borrowing, distributing, manufacturing or selling any medication is prohibited. Permission to self-administer non-prescription medication may be revoked if the student violates this policy and the student may be subject to disciplinary action in accordance with the Standards of Student Conduct.

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Self-Administration of Asthma Medication and Auto-Injectable Epinephrine

Students with a diagnosis of asthma or anaphylaxis are permitted to possess and self-administer inhaled asthma medications or auto-injectable epinephrine, or both, as the case may be, in accordance with this policy during the school day, at school-sponsored activities, or while on a school bus or other school property. A student may possess and self-administer asthma medication or auto-injectable epinephrine, or both, when the following conditions are met:

- written parental consent that the student may self-administer inhaled asthma medications or auto-injectable epinephrine, or both must be on file with the school;
- written notice from the student's primary care provider must be on file with the school, indicating 1) the identity of the student, 2) the diagnosis of asthma or anaphylaxis, or both, and approval for self-administration of inhaled asthma medications or auto-injectable epinephrine, or both that have been prescribed for the student; 3) the name and dosage of the medication, the frequency in which it is to be administered and the circumstances which may warrant its use, and 4) the student's demonstrated ability to safely and effectively self-administer the medication;
- an individualized health care plan is prepared, including emergency procedures for any life-threatening conditions; and
- there is a consultation with the student's parent before any limitations or restrictions are imposed on a student's possession and self-administration of inhaled asthma medications, and auto-injectable epinephrine, and before the permission to possess and self-administer inhaled asthma medication and auto-injectable epinephrine at any point during the school year is revoked.
- self-administration of inhaled asthma medications and auto-injectable epinephrine is consistent with the purposes of the Virginia School Health Guidelines and the Guidelines for Specialized Health Care Procedure Manual, which are jointly issued by the Virginia Department of Education and the Virginia Department of Health.
- information regarding the health condition of the student may be disclosed to School Board employees in accordance with state and federal law governing the disclosure of information contained in student scholastic records.

Permission granted to a student to possess and self-administer asthma medications or auto-injectable epinephrine, or both will be effective for a period of 365 calendar days and must be renewed annually. However, a student's right to possess and self-administer inhaled asthma medication or auto-injectable epinephrine, or both, may be limited or revoked after appropriate school personnel consult with the student's parents.

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Epinephrine

Pursuant to an order or standing protocol issued by the prescriber within the course of his professional practice, any school nurse, School Board employee, employee of a local appropriating body or employee of a local health department who is authorized by a prescriber and trained in the administration of epinephrine may possess epinephrine and may administer it to any student believed to be having an anaphylactic reaction. Such school nurse or School Board employee may also possess heparin and sterile normal saline to use for the maintenance of intravenous access lines.

Regulation

The Superintendent shall develop a regulation for administration of medicines to students. The regulation shall include provisions for the handling, storage, monitoring, documentation and disposal of medication.

Legal References: Code of Virginia, as amended, §§ 22.1-78, 22.1-274.01:1, 22.1-274.2, 54.1-2952.2, 54.1-2957.02, 54.1-3408

Manual for Training Public School Employees in the Administration of Insulin and Glucagon (Virginia Department of Education Nov 2011)

Cross References: EBBA First Aid/CPR Certified Personnel
JFC-R Standards of Student Conduct
JHCE Recommendation of Medication by School Personnel
JO Student Records

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